

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | | | | | | | | | | | | | | | | | | | | | | | | |
|--|--|---|--|---|--|--|-----|---------|------|-------|------|---------|-----|-------|------|----------|------|---------|-----|----------|------|---------|------|--------|-----|-----------|------|--------|--|--|
| | 1 No Van Service 9:30 Stay Fit w/Courage (Vikki is here today!) | 2 No Van Service 9:30 Exercise with Video 10:15 Yoga w/John 1:30 PBS: Civilizations 3:00 Coffee Hour 3:30 MacPhail Music | 3 9:30 Stay Fit w/Courage 10:30 Tech Help w/Brandy 11:00 Outing: Movie Matinee 1:30 Giant Crosswords 3:00 Coffee Hour 4:00 Newsletter Meeting 6:30 Bingo w/Betty | 4 9:30 Early Bird Fitness w/Brandy 10:15 YOGA w/John 10:30 Blood Pressure Clinic 1:30 One Day University 3:00 Coffee Hour 3:00 Kenwood Knitters | 5 9:30 Stay Fit w/Courage 10:30 Music Concert Stream 1:30 Bingo 3:00 Coffee Hour 3:00 Afternoon Movie | 6 9:30 YouTube Fit 10:15 YOGA w/John 11:15 Current Events 3:00 Coffee Hour 3:00 Movie/Popcorn | | | | | | | | | | | | | | | | | | | | | | | | |
| 7 9:30 TECH HELP w/Graham 10:15 Hymn Sing and Worship with Sue 11:00 Fellowship 1:30 Meditation w/Monica 3:00 Afternoon Movie 3:00 Coffee Hour | 8 9:30 Stay Fit w/Courage 10:30 Mexican Train Dominoes 1:30 Bridge 1:30 America's Musical Heritage 3:00 Coffee Hour | 9 9:30 Morning Exercise 10:15 Yoga w/John 1:30 Forbidden Literary Works 3:00 Coffee Hour 3:30 MacPhail w/Joey | 10 9:30 Stay Fit w/Courage 10:30 Tech Help w/Brandy 11:45 Lunch with Jenny Floors 6 and 12 (invite Only) 12:45 OUTING: Mia Guided Tour of Native American Exhibit 1:30 Jazz Hour 3:00 Coffee Hour 6:30 Bingo w/Betty | 11 9:30 Early Bird Fitness 10:15 YOGA w/John 10:30 Blood Pressure Clinic 10:30 Bible Study w/Jay 1:30 One Day University 3:00 Coffee Hour 3:00 Kenwood Knitters | 12 --Kenwood Clothing Swap-- 9:30 Stay Fit w/Courage 10:30 Beginner Painting 1:30 Afternoon Bingo 3:00 Coffee Hour 3:00 MacPhail w/Andrea | 13 --Kenwood Clothing Swap-- 9:30 YouTube Fit 10:15 YOGA w/John 11:15 Current Events 3:00 Coffee Hour 3:00 Movie/Popcorn | | | | | | | | | | | | | | | | | | | | | | | | |
| 14 --Kenwood Clothing Swap-- 10:15 Hymn Sing and Worship with Sue 11:00 Fellowship 1:30 Meditation w/Monica 3:00 Afternoon Movie 3:00 Coffee Hour | 15 --Kenwood Clothing Swap-- 9:30 Stay Fit w/Courage 10:30 Mexican Train Dominoes 1:30 Bridge 1:30 America's Musical Heritage 3:00 Coffee Hour | 16 9:30 Morning Exercise 10:15 Yoga w/John 2:00 ALL RESIDENT MTG 3:00 Coffee Hour | 17 9:30 Stay Fit w/Courage 10:30 Tech Help w/Brandy 2:00 Parlor Music 3:00 Coffee Hour | 18 9:30 Early Bird Fitness 10:15 YOGA w/John 10:30 Blood Pressure Clinic 10:30 Bible Study w/Jay 11:00 Outing: Eggys Diner 1:30 One Day University 3:00 Kenwood Knitters | 19 9:30 Stay Fit w/Courage 10:30 Music Concert Stream 1:30 Afternoon Bingo 3:00 Coffee Hour 3:00 Afternoon Movie | 20 9:30 YouTube Fit 10:15 YOGA w/John 11:15 Current Events 3:00 Coffee Hour 3:00 Movie/Popcorn | | | | | | | | | | | | | | | | | | | | | | | | |
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| 28 10:15 Hymn Sing and Worship with Sue 11:00 Fellowship 1:30 Meditation w/Monica 3:00 Afternoon Movie 3:00 Coffee Hour | 29 9:30 Stay Fit w/Courage 10:30 Mexican Train Dominoes 1:30 America's Musical Heritage 1:30 Bridge 3:00 Coffee Hour | 30 9:30 Morning Exercise 10:15 Yoga w/John 2:00 Birthday Party 3:00 Coffee Hour 3:30 MacPhail w/Joey | 31 9:30 Stay Fit w/Courage 10:30 Tech Help w/Brandy 2:30 Chefs Corner w/Jeff 3:00 Coffee Hour 6:30 Bingo w/Betty | | | <div style="text-align: center;"> </div> <table border="0" style="width: 100%; text-align: center;"> <tr> <td>1st</td> <td>Maria S</td> <td>10th</td> <td>Liz C</td> <td>17th</td> <td>Frank W</td> </tr> <tr> <td>3rd</td> <td>Tom S</td> <td>10th</td> <td>Louise M</td> <td>21st</td> <td>David J</td> </tr> <tr> <td>4th</td> <td>Emilie G</td> <td>11th</td> <td>Maria B</td> <td>28th</td> <td>Jean B</td> </tr> <tr> <td>6th</td> <td>Stephen Z</td> <td>17th</td> <td>Tony M</td> <td></td> <td></td> </tr> </table> | 1st | Maria S | 10th | Liz C | 17th | Frank W | 3rd | Tom S | 10th | Louise M | 21st | David J | 4th | Emilie G | 11th | Maria B | 28th | Jean B | 6th | Stephen Z | 17th | Tony M | | |
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