

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<h2>SEPTEMBER BIRTHDAYS</h2> <p>5th Anne C. 8th Ann G. 19th Betty W.</p> <p>20th Linda H. 27th Marlys M.</p>						<b>1</b> 9:30 Stay Fit w/Courage <b>10:30 Music Stream: St. Paul Chamber Orchestra</b> 1:30 Afternoon Bingo 3:00 Coffee Hour 6:30 Evening Movie	<b>2</b> 9:30 YouTube Cardio 10:15 YOGA w/John 11:15 Current Events 3:00 Coffee Hour 3:00 Movie/Popcorn
<b>3</b> 9:30 <b>TECH HELP w/Graham</b> 10:15 Hymn Sing and Worship w/ Sue 11:00 Fellowship 1:30 Meditation w/Monica 3:00 Afternoon Movie 3:00 Coffee Hour	<b>4</b> 9:30 Stay Fit w/Courage 10:30 Mexican Train Dominoes 1:30 Bridge	<b>5</b> 9:30 <b>Morning Exercise</b> 10:15 Yoga w/John 1:30 Kenwood Singers 3:00 Coffee Hour <b>6:30 Parlor Music with Michael and Randy!</b>	<b>6</b> 9:30 Stay Fit w/Courage 10:30 Tech Help w/Brandy <b>11:45 Lunch With Jenny floors 5 &amp; 6</b> <b>1:30 TBA</b> 3:00 Coffee Hour 6:30 Bingo w/Betty	<b>7</b> 9a-12p <b>FLU SHOT CLINIC</b> 10:15 YOGA w/John 10:30 Blood Pressure Clinic <b>11:00 OUTING: Lunch at Macy's Ridgedale new restaurant</b> 3:00 Knitting 3:00 Coffee Hour	<b>8</b> 9:30 Stay Fit w/Courage 10:30 Documentary 1:30 Afternoon Bingo <b>3:00 Music w/Andrea Leap</b> 3:00 Coffee Hour <b>6:30 Evening Movie</b>	<b>9</b> 9:30 YouTube Cardio 10:15 YOGA w/John 11:15 Current Events 3:00 Coffee Hour 3:00 Movie/Popcorn	
<b>10</b> 10:15 Hymn Sing and Worship with Sue 11:00 Fellowship 1:30 Meditation w/Monica 3:00 Afternoon Movie 3:00 Coffee Hour	<b>11</b> 9:30 Stay Fit w/Courage 10:30 Mexican Train Dominoes 1:30 Bridge <b>2:00 Native Peoples of North America – Great Course (Final Lecture)</b> 3:00 Coffee Hour	<b>12</b> 9:30 <b>Morning Exercise</b> 10:15 Yoga w/John <b>1:30 ALL RESIDENT MEETING</b> 3:00 Coffee Hour <b>4:30 MacPhail Music w/Joey</b>	<b>13</b> 9:30 Stay Fit w/Courage 10:30 Tech Help w/Brandy <b>1:30 AAUW Lecture Stream</b> 3:00 Coffee Hour 6:30 Bingo w/Betty	<b>14</b> 9:30 Early Bird Fitness <b>10:15 Outing: Apple Orchard</b> 10:15 YOGA w/John 10:30 Blood Pressure Clinic 3:00 Knitting 3:00 Coffee Hour	<b>15</b> 9:30 Stay Fit w/Courage <b>10:30 Music Stream: MN Orchestra</b> 1:30 Afternoon Bingo 3:00 Coffee Hour <b>6:30 Evening Movie</b>	<b>16</b> 9:30 YouTube Cardio 10:15 YOGA w/John 11:15 Current Events 3:00 Coffee Hour 3:00 Movie/Popcorn	
<b>17</b> 9:30 <b>TECH HELP w/Graham</b> 10:15 Hymn Sing and Worship with Sue 11:00 Fellowship 1:30 Meditation w/Monica 3:00 Afternoon Movie 3:00 Coffee Hour	<b>18</b> 9:30 Stay Fit w/Courage 10:30 Mexican Train Dominoes 1:30 Bridge <b>1:30 Propaganda &amp; Persuasion</b> 3:00 Coffee Hour	<b>19</b> 9:30 <b>Morning Exercise</b> 10:15 Yoga w/John 1:30 Kenwood Singers 3:00 Coffee Hour	<b>20</b> 9:30 Stay Fit w/Courage <b>1:30 Travelogue</b> <b>2:30 Kenwood Happy Hour</b> 3:00 Coffee Hour <b>3:30 Kenwood Book Club</b> 6:30 Bingo w/Betty	<b>21</b> 9:30 Early Bird Fitness <b>10:15 Outing: Stillwater Boat Cruise with Lunch</b> 10:15 YOGA w/John 10:30 Blood Pressure Clinic 3:00 Knitting with Mariann 3:00 Coffee Hour	<b>22</b> 9:30 Stay Fit w/Courage 10:30 Documentary 1:30 Afternoon Bingo 3:00 Coffee Hour <b>6:30 Evening Movie</b>	<b>23</b> 9:30 YouTube Cardio 10:15 YOGA w/John 11:15 Current Events 3:00 Coffee Hour 3:00 Movie/Popcorn	
<b>24</b> 10:15 Hymn Sing and Worship with Sue 11:00 Fellowship 1:30 Meditation w/Monica 3:00 Afternoon Movie 3:00 Coffee Hour	<b>25</b> 9:30 Stay Fit w/Courage 10:30 Mexican Train Dominoes 1:30 Bridge <b>2:30 Yizkor Memorial Service</b> 3:00 Coffee Hour	<b>26</b> 9:30 <b>Morning Exercise</b> 10:15 Yoga w/John 1:30 Kenwood Singers 3:00 Coffee Hour <b>4:30 MacPhail Music w/Joey</b>	<b>27</b> 9:30 Stay Fit w/Courage 10:30 Tech Help w/Brandy <b>11:00 Lunch Outing to Patrick's Bakery</b> <b>1:30 AAUW Lecture Stream</b> <b>2:30 Chefs Corner</b> 3:00 Coffee Hour 6:30 Bingo w/Betty	<b>28</b> 9:30 Early Bird Fitness 10:15 YOGA w/John 10:30 Blood Pressure Clinic <b>2:00 Birthday Party</b> 3:00 Knitting with Mariann 3:00 Coffee Hour	<b>29</b> 9:30 Stay Fit w/Courage <b>10:30 Music Stream: MN Orchestra</b> 1:30 Afternoon Bingo 3:00 Coffee Hour <b>6:30 Evening Movie</b>	<b>30</b> 9:30 YouTube Cardio 10:15 YOGA w/John 11:15 Current Events 3:00 Coffee Hour 3:00 Movie/Popcorn	