

APRIL 2023

calendar of events

THE
KENWOOD

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div>2</div> <div>9:30 YouTube Stretch 10:15 Hymn Sing and Worship with Sue 11:00 Fellowship 1:30 Meditation w/Monica 2:00 Terri & Brad Perform 3:00 Coffee Hour</div>	<div>3</div> <div>9:30 Stay Fit w/Courage 10:30 Mexican Train Dominoes 1:30 Bridge 2:30 Music Unwrapped 3:00 Coffee Hour</div>	<div>4</div> <div>9:00 Workout at the Y 9:30 Morning Exercise 10:15 Yoga w/John 1:30 Music & Lecture 3:00 Coffee Hour</div>	<div>5</div> <div>9:30 Stay Fit w/Courage 2:00 Tea and Talk 3:00 Coffee Hour 4:00 Resident Newsletter Mtg 6:30 Bingo</div>	<div>6</div> <div>9:30 Early Bird Fitness 10:00 Outing Mia Special Exhibit 10:15 Yoga Stretch & Strength 10:30 Blood Pressure Clinic 1:30 Group Crossword 3:00 Knitting with Mariann 3:00 Coffee Hour</div>	<div>7</div> <div>9:30 Stay Fit w/Courage 10:30 Good Friday Worship Service & Hymn Sing 1:30 Afternoon Bingo 3:00 Afternoon Movie 3:00 Coffee Hour</div>	<div>1/8</div> <div>9:30 YouTube Cardio 10:15 YOGA w/John 11:15 Current Events 3:00 Coffee Hour 3:00 Movie/Popcorn</div>
<div>9</div> <div>9:30 YouTube Stretch 10:15 Hymn Sing and Easter Service w/ Sue 11:00 Fellowship 1:30 Meditation w/Monica 3:00 Afternoon Movie 3:00 Coffee Hour</div>	<div>10</div> <div>9:30 Stay Fit w/Courage 10:30 Mexican Train Dominoes 1:30 Bridge 2:00 Guided Painting w/Brandy 3:00 Coffee Hour</div>	<div>11</div> <div>9:00 Workout at the Y 9:30 Morning Exercise 10:15 Yoga w/John 11:00 Lunch at The Egg and I 1:30 Music & Lecture 3:00 Coffee Hour 3:30 Music for Life w/Joey *Mu Phi Epsilon Evening Performance</div>	<div>12</div> <div>9:30 Stay Fit w/Courage 10:45 Social Security Talk 1:30 Travelogue 2:30 Happy Hour 3:00 Coffee Hour 6:30 Bingo</div>	<div>13</div> <div>9:30 Early Bird Fitness 10:30 Balance Screen Clinic 10:30 Blood Pressure Clinic 1:30 Trivia Time 3:00 Knitting with Mariann 3:00 Coffee Hour</div>	<div>14</div> <div>9:30 Stay Fit w/Courage 1:30 Afternoon Bingo 3:00 Afternoon Movie 3:00 Coffee Hour</div>	<div>15</div> <div>9:30 YouTube Cardio 10:15 YOGA w/John 11:15 Current Events 3:00 Coffee Hour 3:00 Movie/Popcorn</div>
<div>16</div> <div>9:30 YouTube Stretch 10:15 Hymn Sing and Worship with Sue 11:00 Fellowship 1:30 Meditation w/Monica 3:00 Documentary 3:00 Coffee Hour</div>	<div>17</div> <div>9:30 Stay Fit w/Courage 10:30 Mexican Train Dominoes 1:30 Bridge 2:00 Kenwood Kollege – Project Bountiful 3:00 Coffee Hour</div>	<div>18</div> <div>9:00 Workout at the Y 9:30 Morning Exercise 10:15 Yoga w/John 1:30 Music & Lecture 3:00 Coffee Hour 3:30 Music for Life w/Joey</div>	<div>19</div> <div>9:30 Stay Fit w/Courage 10:30 Tech Help w/Brandy 2:00 Birthday Party 3:00 Coffee Hour 6:30 Bingo</div>	<div>20</div> <div>9:30 Early Bird Fitness 10:15 Yoga Stretch & Strength 10:30 Blood Pressure Clinic 11:15 Outing Courtroom Concert 3:00 Knitting (Mariann Gone) 3:00 Coffee Hour</div>	<div>21</div> <div>9:30 Stay Fit w/Courage 10:45 Documentary 1:30 Afternoon Bingo 3:00 Afternoon Movie 3:00 Coffee Hour</div>	<div>22</div> <div>9:30 YouTube Cardio 10:15 YOGA w/John 11:15 Current Events 3:00 Coffee Hour 3:00 Movie/Popcorn</div>
<div>23</div> <div>9:30 YouTube Stretch 10:15 Hymn Sing and Worship with Sue 11:00 Fellowship 1:30 Meditation w/Monica 3:00 Afternoon Movie 3:00 Coffee Hour</div>	<div>24</div> <div>9:30 Stay Fit w/Courage 10:30 Mexican Train Dominoes 1:30 Bridge 2:00 Parlor Music w/Michael Resnick 3:00 Coffee Hour</div>	<div>25</div> <div>9:00 Workout at the Y 10:15 Yoga w/John 1:15 Volunteer Open Arms 3:00 Coffee Hour 3:30 Music for Life w/Joey</div>	<div>26</div> <div>9:30 Stay Fit w/Courage 10:30 Tech Help w/Brandy 2:30 Cooks Corner 3:00 Coffee Hour 6:30 Bingo</div>	<div>27</div> <div>9:30 Early Bird Fitness 10:15 Yoga Stretch & Strength 10:30 Blood Pressure Clinic 2:00 Volunteer Social Event 3:00 Knitting with Mariann 3:00 Coffee Hour</div>	<div>28</div> <div>9:30 Stay Fit w/Courage 10:45 Trivia Time 1:30 Afternoon Bingo 3:00 Afternoon Movie 3:00 Coffee Hour</div>	<div>29</div> <div>9:30 YouTube Cardio 10:15 YOGA w/John 11:15 Current Events 3:00 Coffee Hour 3:00 Movie/Popcorn</div>
<div>30</div> <div>9:30 YouTube Stretch 10:15 Hymn Sing and Worship with Sue 11:00 Fellowship 1:30 Meditation w/Monica 3:00 Afternoon Movie 3:00 Coffee Hour</div>	<div><div><div>HAPPY</div>Birthday!</div><div><div>1stPhyllis F.</div><div>2ndLizzi D.</div><div>4thGay G.</div><div>5thDora R.</div><div>6thPaul R.</div></div><div><div>APRIL BIRTHDAYS</div><div><div>8thMarybeth B.</div><div>14thLynette A.</div><div>21stElecta L.</div><div>22ndLee F.</div><div>27thCass L.</div></div><div><div>27thJoan P.</div><div>28thSally H.</div><div>29thBruce R.</div><div>30thDonna S.</div></div></div></div>					