

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<h1>August 2022</h1>	1 9:30 Stay Fit w/Courage 10:30 Music - Tchaikovsky 10:45 Tech Guide 1:30 Bridge 2:00 Monday Musical 3:00 Coffee Hour 6-7:30 National Night Out Eve	2 9:30 Early Bird Fitness 10:15 Yoga w/John 10:30 Mexican Train 1:30 Great Course: Music 3:00 Coffee Hour	3 9:30 Stay Fit w/Courage 10:15 Hymn Sing w/Sue 10:30 Worship w/Sue 1:30 Bean Bag Toss 3:00 Coffee Hour 3:15 MN JazzFest Stream 4:00 Res Newsletter Mtg	4 9:30 Early Bird Fitness 10:15 Yoga w/Krista (youtube) 10:30 Blood Pressure Clinic 10:00 Outing: Lola's Lakehouse 11:00 Game Time 1:30 Art Gallery/Ray Harris 3:00 Knitting w/Mariann 3:00 Coffee Hour	5 9:30 Early Bird Fitness 10:30 Documentary 1:30 BINGO! 3:00 Afternoon Movie Matinee 3:00 Coffee Hour	6 10:15 Yoga w/John 11:00 Current Events 3:00 Coffee Hour 7:00 Movie & Popcorn	
7 2:00 Meditation w/Monica 3:00 Movie Matinee 3:00 Coffee Hour	8 9:30 Stay Fit w/Courage 10:30 Monday Music 10:45 Tech Guide 1:30 Bridge 2:00 Trinity: Classically Irish 3:00 Coffee Hour	9 9:30 Early Bird Fitness 10:15 Yoga w/John 10:30 Mexican Train 1:30 Great Course: Music 3:00 Coffee Hour	10 9:30 Stay Fit w/Courage 10:15 Hymn Sing w/Sue 10:30 Worship w/Sue 1:30 Ladder Ball 3:00 Coffee Hour 3:15 MN JazzFest Stream	11 9:30 Early Bird Fitness 10:15 Yoga w/Krista (Youtube) 10:30 Blood Pressure Clinic 11:00 Game Time 11:30 Outing: Southdale Mall 1:30 Travel & Learn 3:00 Knitting w/Mariann 4-5:30 All Resident Luau Party	12 *No Fitness Today 10a-2p Taylor Maries Fashions 10:30 Documentary 1:30 BINGO! 3:00 Afternoon Movie Matinee 3:00 Coffee Hour	13 10:15 Yoga w/John 11:00 Current Events 3:00 Coffee Hour 7:00 Movie & Popcorn	
14 2:00 Meditation w/Monica 3:00 Movie Matinee 3:00 Coffee Hour	15 9:30 Stay Fit w/Courage 10:30 Music Stream 10:45 Tech Guide 1:30 Bridge 1:30 Great Course Music 3:00 Coffee Hour	16 9:30 Early Bird Fitness 10:15 Yoga w/John 10:30 Mexican Train 2:00 All Resident Meeting 3:00 Coffee Hour	17 9:30 Stay Fit w/Courage 10:15 Hymn Sing w/Sue 10:30 Worship w/Sue 2:00 Doorstep Interview 3:00 Coffee Hour 3:15 MN JazzFest Stream 3:30 Kenwood Book Club	18 9:30 Early Bird Fitness 10:00 Outing: MIA Private Tour 10:15 Yoga w/Krista (Youtube) 10:30 Blood Pressure Clinic 11:00 Game Time 1:30 Travel & Learn 3:00 Knitting w/Mariann	19 9:30 Stay Fit w/Courage 10:30 Documentary 1:30 BINGO! 3:00 Afternoon Movie Matinee 3:00 Coffee Hour	20 10:15 Yoga w/John 11:00 Current Events 3:00 Coffee Hour 7:00 Movie & Popcorn	
21 2:00 Meditation w/Monica 3:00 Movie Matinee 3:00 Coffee Hour	22 9:30 Stay Fit w/Courage 10:30 Music Stream 10:45 Tech Guide 1:30 Bridge 2:00 Cathy Gasiorowicz: Recycling 3:00 Coffee Hour	23 9:30 Early Bird Fitness 10:15 Yoga w/John 10:30 Mexican Train 1:30 Great Course: Music 3:00 Coffee Hour	24 9:30 Stay Fit w/Courage 10:15 Hymn Sing w/Sue 10:30 Worship w/Sue 1:30 Bean Bag Toss 3:00 Coffee Hour 3:15 MN JazzFest Stream	25 9:00 Outing: State Fair 9:30 Early Bird Fitness 10:15 Yoga w/Krista (Youtube) 10:30 Blood Pressure Clinic 11:00 Game Time 1:30 Travel & Learn 3:00 Knitting w/Mariann 3:00 Coffee Hour	26 9:30 Stay Fit w/Courage 10:30 Documentary 1:30 BINGO! 3:00 Afternoon Movie Matinee 3:00 Coffee Hour	27 10:15 Yoga w/John 11:00 Current Events 3:00 Coffee Hour 7:00 Movie & Popcorn	
28 2:00 Medication w/Monica 3:00 Movie Matinee 3:00 Coffee Hour	29 9:30 Stay Fit w/Courage 10:30 Music Stream 10:45 Tech Guide 1:30 Bridge 2:00 Birthday party 3:00 Coffee Hour	30 9:30 Early Bird Fitness 10:15 Yoga w/John 10:30 Mexican Train 1:30 Great Course: Music 3:00 Coffee Hour	31 9:30 Stay Fit w/Courage 10:15 Hymn Sing w/Sue 10:30 Worship w/Sue 1:30 Travelogue 2:30 Happy Hour 3:00 Coffee Hour 3:15 MN JazzFest Stream				