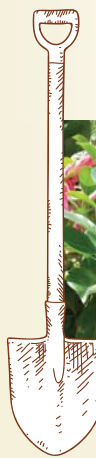


tomato bash



FRIDAY, SEPTEMBER 13TH
NOON
EVERYONE WELCOME!

kenwood gardens celebration



The terrace and patio looks absolutely stunning this year and it wouldn't have been possible without the help of so many of our residents, staff, and family members.



Let's celebrate and recognize those who devoted so much of their time and energy into creating such a beautiful space for us to enjoy!



SEPTEMBER EVENTS

Thursday, September 5th

Walk-N-Roll Walker Celebration

Our Walk-N-Rollers have been hard at work all Spring and Summer making those miles count! Let's celebrate their accomplishment and the Kenwood will donate to Gillette Children's Hospital!

Sunday, September 8th & 22nd at 2:00pm

The Sanctuary Dog Visits

They're coming back! Join us in the Kramer Room and bring your friends and family! These dogs are here to visit and to play and to help you live in the moment. You are invited and encouraged to visit the Kramer Room on first floor. We ask that you leave your dog at home.

Thursday, September 12th at 2:00pm

Cass Lewart: Spam

Cass will talk about the ins and outs of Spam, what it means, why it happens, and how to not let yourself get caught in their trap!

Wednesday, September 18th at 1:30pm


Celia Gershenson: The High Holidays

Celia will talk to us this month about the Jewish High Holidays. Come to be informed, hear the call of the shofar played and enjoy a traditional treat in the Den.

Tuesday, September 24th at 10:00am

Taylor Maries In-House Shopping

The new fashion line-up for fall begins! As always, we need you to model for the fashion show so let Brandy know! Otherwise shop till you drop and pick up some good clearance deals too.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY									
1 10:30 Hymn Sing, Parlor 11:00 Worship Service, Parlor 11:45 Fellowship Time, Den 1:00 Poker, FAR 2:45 Casual Coffee and Cookies, Den 7:00 New Release Movie, Den	2 *No Van Service—Labor Day* 10:00 Resident Led Exercise – KR 10:30 New: Constitution Alive w/Sue, PR 11:00 Bible Study, PR 1:00 Bridge, PR 2:45 Casual Cookies and Coffee, Den 7:00 Scrabble, FAR	3 9:25 Whole Body Workout, KR 10:00 Exercise with Courage, KR 10:00 Scrabble, FAR 10:30 Blood Pressure Clinic, Library 10:45 Mexican Train Dominoes, FAR 11:00 Yoga, KR 1:00 Outing: Minneapolis Institute of Arts, Van Chiropractor Here, Wellness Rm 2:45 Casual Cookies and Coffee, Den 6:30 Evening Games, FAR	4 9:25 Early Bird Fitness, KR 10:00 Fitness Fun, KR 10:30 Brain Busters, FAR 1:00 Bridge, PR 1:30 TPT: Watch and Discuss, Den 2:45 Casual Cookies and Coffee, Den 3:00 Knitting with a Coach, FAR *No MacPhail Music* 6:30 Rummikub, FAR	5 8:30 Outing: Breakfast at Perkins, Van 10:00 Scrabble, FAR 10:00 Yoga, KR 11:00 Community Friends Mtg, Den 1:00 Chess, Library 2:00 Walk-N-Rollers Celebration, Den 2:45 Casual Cookies and Coffee, Parlor 4:00 Thirsty Thursday, Den 6:30 Bingo, FAR	6 8:30 Farmers Market Run, Van 9:25 Whole Body Workout, KR 10:00 Exercise with Courage, KR 10:45 Mind Games, Parlor 2:30 Busy hands volunteers, Den 2:45 Casual Cookies and Coffee, Den 3:00 Writers Group, FAR 7:00 You Pick the Flick, Den	7 9:30 Kenwood Cares Support Group, Den 10:00 Yoga, KR 11:00 Current Events, FAR 1:00 Poker, FAR 1:00 Tai Chi, KR 2:45 Casual Coffee and Cookies, Den 3:15 Bus leaves for Mass at St. Olaf's, Lobby 7:00 Movie and Popcorn, Den									
8 10:30 Hymn Sing, Parlor 11:00 Worship Service, Parlor 11:45 Fellowship Time, Den 1:00 Poker, FAR 2:00 Pet Sanctuary Dog Visits, KR 2:45 Casual Coffee and Cookies, Den 3:00 German Conversation w/Elizabeth, Lib 7:00 New Release Movie, Den	9 9:25 Whole Body Workout, KR 10:00 Exercise with Courage, KR 11:00 Bible Study, Den 1:00 Bridge, PR 1:30 Great Courses: Music /Mirror of Hist, Den 2:45 Casual Cookies and Coffee, Den 7:00 Scrabble, FAR	10 9:25 Whole Body Workout, KR 10:00 Exercise with Courage, KR 10:00 Scrabble, FAR 10:30 Blood Pressure Clinic, Library 10:45 Mexican Train Dominoes, FAR 11:00 Yoga, KR 11:45 Meditation, KR 2:00 All Resident Meeting, LHR Chiropractor Here, Wellness Rm 2:45 Casual Cookies and Coffee, Den 6:30 Evening Games, FAR	11 9:25 Early Bird Fitness, KR 10:00 Fitness Fun, KR 10:30 Brain Busters, FAR 3p-5p Audiologist, Wellness Rm 1:00 Bridge, PR 1:30 TPT: Watch and Discuss, Den 2:45 Casual Cookies and Coffee, Den 3:00 Knitting with a Coach, FAR 4:30 MacPhail Music for Life, Parlor 6:30 Rummikub, FAR	12 10:00 Scrabble, FAR 10:00 Yoga, KR 10:00 Outing: Fort Snelling Tour, Van (\$10) 1:00 Chess, Library 2:00 Cass Lewart: Spam Calls, Den 2:45 Casual Cookies and Coffee, Parlor 4:00 Thirsty Thursday, Den 6:30 Bingo, FAR	13 8:30 Farmers Market Run, Van 9:25 Whole Body Workout, KR 10:00 Exercise with Courage, KR 10:45 Mind Games, Parlor Noon Tomato Bash and Gardeners Celebration, LHR 2:30 Busy hands volunteers, Den 2:45 Casual Cookies and Coffee, Den 7:00 You Pick the Flick, Den	14 10:00 Yoga, KR 11:00 Current Events, FAR 1:00 Poker, FAR 1:00 Tai Chi, KR 2:45 Casual Coffee and Cookies, Den 3:15 Bus leaves for Mass at St. Olaf's, Lobby 7:00 Movie and Popcorn, Den									
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