



MAY EVENTS

Friday, May 3rd at 11:00am

Special Music Performance with Yunyue Liu

We are delighted to have Yunyue and her singer friend Han Ge back at the Kenwood. They are preparing to perform a concert of Art songs and would like to offer a free concert to the residents. Please join us in the parlor this day. You will not be disappointed!

Friday, May 10th at 1:30pm

Kramer Gallery Artist – Wine and Cheese

Local Artist Bev Fishman will be here to talk about her work, her process, and her influences. Come with questions in mind and enjoy some wine and cheese!

Monday, May 13th at 1:30pm

KU Health: Living with Arthritis

Arthritis is painful. It prevents us from leading active, healthy lifestyles. It means we are more likely to develop other serious illnesses. It means we need to fight harder. Kindred at Home is here to help. Let's talk about simple, yet effective ways to conquer the everyday battles and take control of your condition.

Friday, May 17th at 1:30pm

Birthday Celebration

This month we have invited the "Re-Treads" to entertain! Join us for some cake and coffee and delightful music sure to bring back all those memories! Everyone is welcome, even if you don't have a May birthday. Lowry Hill room on 2nd floor.

Thursday, May 30th at 9:00am

Spring Wheelchair/Walker Cleaning

This is a sure sign of Spring! Come down for our complimentary wheelchair and walker wash while you enjoy a fresh cup of coffee or lemonade while enjoying the warm sunshine on our 2nd floor terrace.

Friday, May 31st at 7:00pm

Parlor Music: Cathy Victorsen

Catherine was the Solo Principal Harpist for the Regensburg Philharmonic Orchestra in Regensburg, Germany from 1984-1991. Please join us as she dazzles us with her talent. Refreshments will be served following the performance.

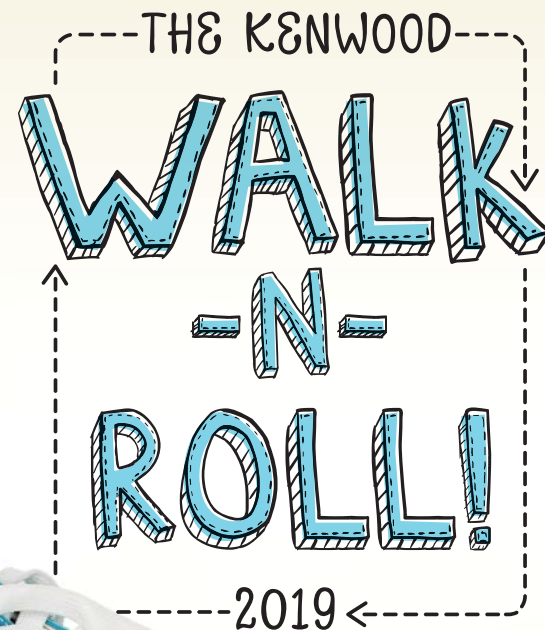
TIME TO WALK~N~ROLL 2019! THE KENWOOD'S SUMMER WALKING PROGRAM

First walk meets in the lobby on

THURSDAY, MAY 9TH AT 1:30PM

Bring a friend!

Let's walk the neighborhood
as each step adds up to a donation to our
Minneapolis Gillette Children's Hospital



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
MAY BIRTHDAYS						
<p>1st Sam Sengupta 3rd Joan Denman 11th Robin Parker</p>	<p>13th Quentin Fairbanks 16th Veryl Andre 17th Edith Snow</p>	<p>23rd Alma Smith 29th Donna MacDonald 30th Nancy Eustis</p>	<p>1 9:25 Early Bird Fitness, KR 10:00 Fitness Fun, KR 10:30 Brain Busters, FAR 1:00 Bridge, PR 1:30 TPT Watch and Discuss, Den 2:45 Casual Cookies and Coffee, Den 3:00 Knitting with a Coach, FAR *No MacPhail—Spring Break* 6:30 Rummikub, FAR</p>	<p>2 10:00 Scrabble, FAR 10:00 Yoga, KR 10:45 Outing: Antique Store & Lunch, Van 1:30 Afternoon Exercise, KR 2:00 Men's Club, PR 2:45 Casual Cookies and Coffee, Den 4:00 Thrifty Thursday, Den 6:30 Bingo, FAR</p>	<p>3 9:25 Whole Body Workout, KR Exercise with Courage, KR 11:00 Special Music Concert, Parlor 2:30 Kenwood Knitters, Den 2:45 Casual Cookies and Coffee, Den 7:00 You Pick the Flick, Den</p>	<p>4 10:00 Yoga, KR Current Events, FAR 1:00 Poker, FAR 1:00 Tai Chi, KR 2:45 Casual Coffee and Cookies, Den 3:15 Bus leaves for Mass at St. Olaf's, Lobby 7:00 Movie and Popcorn, Den</p>
<p>5 10:30 Hymn Sing, Parlor 11:00 Worship Service, Parlor 11:45 Fellowship Time, Den 1:00 Poker, FAR 2:45 Casual Coffee and Cookies, Den 7:00 Evening Movie, Den</p>	<p>6 9:25 Whole Body Workout, KR 10:00 Basics of Technology, Den Exercise with Courage, KR 11:00 Bible Study, PR 1:00 Bridge, PR 1:00 OLLU: Wizard/Prophet, KR 1:30 Cinco De Mayo Bingo Bonanza, LHR 2:45 Casual Cookies and Coffee, Den 7:00 Scrabble, FAR</p>	<p>7 9:25 Whole Body Workout, KR 10:00 Exercise with Courage, KR 10:00 Scrabble, FAR 10:30 Blood Pressure Clinic, Library 10:45 Mexican Train Dominoes, FAR 11:00 Yoga, KR 1:00 Outing: Minneapolis Institute of Arts, Van 1:30 Conversational French, KR 2:45 Chiropactor here, FAR 2:45 Casual Cookies and Coffee, Den 6:30 Evening Games, FAR</p>	<p>8 9:25 Early Bird Fitness, KR 10:00 Fitness Fun, KR 10:30 Brain Busters, FAR 1:00 Bridge, PR 1:30 TPT Watch and Discuss, Den 2:45 Casual Cookies and Coffee, Den 3:00 Knitting with a Coach, FAR 4:30 MacPhail Music for Life, Parlor 6:30 Rummikub, FAR</p>	<p>9 10:00 Outing: Weisman Art Museum, Van Yoga, KR 1:30 Walk n Roll walkers, Lobby 2:00 Great Course: Brain Fitness, Den 2:45 Casual Cookies and Coffee, Den 4:00 Thrifty Thursday, Den 6:30 Bingo, FAR</p>	<p>10 9:25 Whole Body Workout, KR Exercise with Courage, KR 1:30 Gallery Meet The Artist, KR 2:30 Kenwood Knitters, Den 3:00 Writers Group, FAR 2:45 Casual Cookies and Coffee, Den 7:00 You Pick the Flick, Den</p>	<p>11 9:30 Kenwood Cares Support Group, Den Yoga, KR 11:00 Current Events, FAR 1:00 Poker, FAR 1:00 Tai Chi, KR 2:00 Student Flue Recital, Parlor 3:15 Bus leaves for Mass at St. Olaf's, Lobby 7:00 Movie and Popcorn, Den</p>
<p>12 10:30 Hymn Sing, Parlor 11:00 Worship Service, Parlor 11:45 Fellowship Time, Den 12:00 Mothers Day Lunch, LHR 1:00 Poker, FAR 2:45 Casual Coffee and Cookies, Den 7:00 Evening Movie, Den</p>	<p>13 9:25 Whole Body Workout, KR 10:00 Exercise with Courage, KR 10:00 Basics of Technology, Den 10:30 America's Christian History, PR 11:00 Bible Study, PR 1:00 Bridge, PR 1:30 KU Health: Living w/Arthritis, Parlor 2:45 Casual Cookies and Coffee, Den 7:00 Scrabble, FAR</p>	<p>14 9:25 Whole Body Workout, KR 10:00 Exercise with Courage, KR 10:00 Scrabble, FAR 10:30 Blood Pressure Clinic, Library 11:00 Yoga, KR 11:45 Meditation, KR 1:30 Final Conversational French, KR 2:00 All Resident Meeting, LHR 2:45 Chiropactor here, FAR 2:45 Casual Cookies and Coffee, Den 6:30 Evening Games, FAR</p>	<p>15 9:25 Early Bird Fitness, KR 10:00 Fitness Fun, KR 10:30 Brain Busters, FAR 11:30 10th Floor Lunch w/Jenny, LHR 1:00 Bridge, PR 1:30 TPT Watch and Discuss, Den 2:45 Casual Cookies and Coffee, Den 3:00 Knitting with a Coach, FAR 4:30 MacPhail Music for Life, Parlor 6:30 Rummikub, FAR</p>	<p>16 8:30 Outing: Treasure Island Casino, Van 10:00 Scrabble, FAR 10:00 Yoga, KR 1:30 Walk n Roll Walkers, Lobby 2:00 Men's Club, PR 2:45 Casual Cookies and Coffee, Den 4:00 Thrifty Thursday, Den 6:30 Bingo, FAR</p>	<p>17 9:25 Whole Body Workout, KR Exercise with Courage, KR 10:45 Mind Games, Parlor 1:30 Birth Party w/The Retreads, LHR 2:30 Kenwood Knitters, Den 2:45 Casual Cookies and Coffee, Den 7:00 You Pick the Flick, Den</p>	<p>18 10:00 Yoga, KR Current Events, FAR 1:00 Poker, FAR 1:00 Tai Chi, KR 2:45 Casual Coffee and Cookies, Den 3:15 Bus leaves for Mass at St. Olaf's, Lobby 7:00 Movie and Popcorn, Den</p>
<p>19 10:30 Hymn Sing, Parlor 11:00 Worship Service, Parlor 11:45 Fellowship Time, Den 1:00 Poker, FAR 2:45 Casual Coffee and Cookies, Den 7:00 Evening Movie, Den</p>	<p>20 9:25 Whole Body Workout, KR 10:00 Exercise with Courage, KR 10:00 Basics of Technology, Den 11:00 Bible Study, PR 1:00 Bridge, PR 2:45 Casual Cookies and Coffee, Den 3:30 Book Club, FAR 6:45 Movie Musical, Den 7:00 Scrabble, FAR</p>	<p>21 9:25 Whole Body Workout, KR 10:00 Exercise with Courage, KR 10:00 Scrabble, FAR 10:30 Blood Pressure Clinic, Library 11:00 Yoga, KR 2:00 Happy Hour, Den/Terrace 2:45 Chiropactor here, FAR 2:45 Casual Cookies and Coffee, Den 6:30 Evening Games, FAR 7:00 Book Club, PR</p>	<p>22 9:25 Early Bird Fitness, KR 10:00 Fitness Fun, KR 10:30 Brain Busters, FAR 10:30 Catholic Communion, Parlor 1:00 Bridge, PR 1:30 TPT Watch and Discuss, Den 2:45 Casual Cookies and Coffee, Den 3:00 Knitting with a Coach, FAR 4:30 MacPhail Music for Life, Parlor 6:30 Rummikub, FAR</p>	<p>23 10:00 Outing: Bachmans Garden Center, Van 10:00 Scrabble, FAR 10:00 Yoga, KR 1:30 Walk n Roll Walkers, Lobby 2:00 Great Course: Brain Fitness, Den 2:45 Casual Cookies and Coffee, Den 4:00 Thrifty Thursday, Den 6:30 Bingo, FAR</p>	<p>24 9:25 Whole Body Workout, KR Exercise with Courage, KR 10:00 Mind Games, Parlor 11:00 Kenwood Knitters, Den 3:00 Writers Group, FAR 2:45 Casual Cookies and Coffee, Den</p>	<p>25 9:30 Kenwood Cares Support Group, Den Yoga, KR 10:00 Current Events, FAR 1:00 Poker, FAR 1:00 Tai Chi, KR 2:45 Casual Coffee and Cookies, Den 3:15 Bus leaves for Mass at St. Olaf's, Lobby 7:00 Movie and Popcorn, Den</p>
<p>26 10:30 Hymn Sing, Parlor 11:00 Worship Service, Parlor 11:45 Fellowship Time, Den 1:00 Poker, FAR 2:45 Casual Coffee and Cookies, Den 7:00 Evening Movie, Den</p>	<p>27 Memorial Day 10:00 Resident Led Exercise, KR 12:00 Memorial Day BBQ, LHR 1:00 Bridge, PR 2:45 Casual Cookies and Coffee, Parlor 6:45 Foreign Film Night, Den 7:00 Scrabble, FAR</p>	<p>28 9:25 Whole Body Workout, KR 10:00 Exercise with Courage, KR 10:00 Scrabble, FAR 10:30 Blood Pressure Clinic, Library 11:00 Yoga, KR 2:45 Chiropactor here, FAR 2:45 Casual Cookies and Coffee, Den 6:30 Evening Games, FAR</p>	<p>29 9:25 Early Bird Fitness, KR 10:00 Fitness Fun, KR 10:30 Brain Busters, FAR 1:00 Bridge, PR 1:30 TPT Watch and Discuss, Den 2:45 Casual Cookies and Coffee, Den 3:00 Knitting with a Coach, FAR 4:30 MacPhail Music for Life, Parlor 6:30 Rummikub, FAR</p>	<p>30 *No van service today* 9:00 Spring Walker/Wheelchair Wash, Terrace 10:00 Scrabble, FAR 10:00 Yoga, KR 1:30 Walk n Roll Walkers, Lobby 2:00 Kenwood Helpers Mtg, FAR 2:45 Casual Cookies and Coffee, Den 4:00 Thrifty Thursday, Den 6:30 Bingo, FAR</p>	<p>31 *No van service today* 9:25 Whole Body Workout, KR Exercise with Courage, KR 10:00 Mind Games, Parlor 11:00 Kenwood Knitters, Den 3:00 Writers Group, FAR 2:45 Casual Cookies and Coffee, Den 7:00 Parlor Music, w/Cathy Victorson, Parlor</p>	<p><i>Welcome</i> TO OUR NEW RESIDENTS Susan Dubin Jim & Kathy Miller Dean Montgomery Donell Koch</p>