



The Kenwood has an informational Facebook Page where you can view photos and event information. We encourage all friends and family of The Kenwood to "like" us.

## JUNE EVENTS



Friday, June 1st at 1:30pm

James Alexander

Resident Artist James Alexander will join us again for an afternoon of discussion art. Everyone is welcome to attend, located in the Den on 2nd floor.

Friday, June 8th 1:30pm Gerhard Weiss

Resident Gerhard enjoys presenting so much that he is back to join us yet again! Please come here what he has to say in what will be a very educational presentation. Join us in the Den today!

Monday, June 11th at 1:30pm KU Health: Prepare and Prevent

Learn about making positive choices to reinforce a healthy mind and body. Attend in the Parlor for this educational meeting and bring those questions along that you've always been wanting to ask.

Wednesday, June 13th at 1:30pm Cindy from TPT Presentation

Each week we enjoy programming and discussion with the help of our friend Cindy at Twin Cities Public Television.

She is once again coming to The Kenwood to speak to our group. You won't want to miss it!

Friday, June 15th at 1:30pm Birthday Party with Dan Fish

Dan has entertained at The Kenwood on several occasions. He plays the stylings of folk, bluegrass, and country western. Join us for cake and entertainment today in the Lowry Hill Dining Room!

Wednesday, June 20th at 11:30am

Luncheon with Lisa Goodman

We've invited Lisa back to talk to the residents about news with our city and neighborhood. Please consider coming to lunch for a special paid luncheon in the dining room.

Friday, June 29th at 7:00pm Social Hour with Terri and Brad

They're back! With Brad on guitar and vocals, and Terri on piano, they will be playing songs from the Great American Songbook, including pieces by the Gershwin's, Johnny Mercer, and Duke Ellington. Please join us for refreshments following the performance.

## SUMMER WALKING CHALLENGE

Get a group and take a walk.  
Meet in the lobby on Thursday mornings.  
Document your progress.



For every step taken The Kenwood will donate money to the Alzheimer's Association! Then join us in the fall as we participate in the Walk to End Alzheimer's on September 18th at Target Field.



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY																				
<div style="display: flex; justify-content: space-between; align-items: center;"> <div style="border: 1px solid black; padding: 5px; background-color: #f0f0f0;"> <p><i>Welcome</i> TO OUR NEW RESIDENTS Kim and Ann Munholland Kathryn &amp; Bill Garner Sylvia Sabo</p> </div> <div style="text-align: center;"> <h2>JUNE BIRTHDAYS</h2> <table border="0"> <tr> <td>1st</td><td>Roxie King-Smith</td> <td>23rd</td><td>Carl Starich</td> </tr> <tr> <td>2nd</td><td>Nancy Hirschfeld</td> <td>25th</td><td>Jean Eckerly</td> </tr> <tr> <td>6th</td><td>Connie Donnelly</td> <td>28th</td><td>Patricia Kaismor</td> </tr> <tr> <td>18th</td><td>Helene Haugland</td> <td>29th</td><td>Arlene Gralnek</td> </tr> <tr> <td>22nd</td><td>Colleen Coghlan</td> <td>30th</td><td>Sheila Livingston</td> </tr> </table> </div> </div>							1st	Roxie King-Smith	23rd	Carl Starich	2nd	Nancy Hirschfeld	25th	Jean Eckerly	6th	Connie Donnelly	28th	Patricia Kaismor	18th	Helene Haugland	29th	Arlene Gralnek	22nd	Colleen Coghlan	30th	Sheila Livingston
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<p><b>3</b> 11:00 Worship w/Chaplain Sue, Parlor 11:45 Fellowship Time, Den 1:00 Poker, FAR 2:00 Tai Chi, KR 2:45 Casual Coffee and Cookies, Den <b>7:00 Evening Movie, Den</b></p>	<p><b>4</b> 9:25 Whole Body Workout, KR 10:00 Exercise with Courage, KR 11:00 Bible Study, PR 1:00 Bridge, PR <b>1:30 Studies of the Holy Land, Den</b> 2:45 Casual Cookies and Coffee, Den</p>	<p><b>5</b> 9:00 Blood Pressure Clinic, Library 9:25 Whole Body Workout, KR 10:00 Exercise with Courage, KR 10:00 Scrabble, FAR 10:45 Mexican Train Dominos, FAR 11:00 Yoga, KR <b>1:00 Outing: Minneapolis Institute of Arts, Van</b> 2:45 Casual Cookies and Coffee, Den 6:30 Evening Games, FAR</p>	<p><b>6</b> 9:25 Early Bird Fitness, KR 10:00 Fitness Fun, KR 10:30 Brain Busters, FAR 1:00 Bridge, PR <b>1:30 *TPT Watch and Discuss, Den</b> 2:45 Casual Cookies and Coffee, Den 3:00 Knitting with a Coach, FAR <b>4:30 *MacPhail Music for Life, Parlor</b> Rummikub, FAR</p>	<p><b>7</b> 9:25 Walking Groups—take a walk, Lobby <b>10:00 Yoga, KR</b> 10:00 Scrabble, FAR <b>11:30 Outing: TWINS GAME, Van</b> 2:45 Casual Cookies and Coffee, Den 4:00 Thirsty Thursday, Den 6:30 Bingo, FAR</p>	<p><b>8</b> 9:25 Whole Body Workout, KR 10:00 Exercise with Courage, KR 10:45 Mind Games, Parlor <b>1:30 Presentation: Gerhard Weiss, Den</b> 2:30 Kenwood Knitters, Den 2:30 Writers Group, FAR 2:45 Casual Cookies and Coffee, Den <b>7:00 You Pick the Flick, Den</b></p>	<p><b>9</b> 10:00 Yoga, KR 11:00 Current Events, FAR 1:00 Poker, FAR 2:45 Casual Coffee and Cookies, Den 3:15 Bus leaves for Mass at St. Olaf's, Lobby <b>7:00 Movie and Popcorn, Den</b></p>																				
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