



FEBRUARY EVENTS

Sunday, February 4th at 5:30pm

Super Bowl Party

Join your fellow Kenwood friends in the Den to watch Super Bowl 52 on the big screen television. Enjoy non-alcoholic beverages and appetizers provided by the kitchen.

Tuesday, February 6th at 1:30pm

Low Vision Support Group

If you are someone you know has visual impairments, regardless of what stage you're in, please consider attending this support group sponsored by the Kenwood. The group is chalk full of information for accessibilities and often times have special speakers informing you on the latest in visual aids. No need to sign up, please just stop on in.

Friday, February 9th at 1:30pm

Tony Bouza Presentation

Our very own resident and former police chief will talk about his time as an officer. Join us in the Den for what will prove to be a riveting discussion.

Monday, February 12th at 1:30pm

KU Health: Depression

Depression can happen to any of us as we age, regardless of our background or achievements. But depression is far from an inevitable part of getting older. Come to this meeting to understand the signs and ways to adjust to these life changes.

Friday, February 23rd at 7:00pm

Social Hour with Charley Wyser

Charley was here in 2017 and we look forward to his music again in 2018! Charley specializes in Jazz and Southern foot stompin' Gospel, you'll know all the songs and will want to sing along. Join us in the Parlor with refreshments to follow.



Friday

FEBRUARY 16TH

2:00-3:30PM



Valentine's Day Dance



LOWRY HILL ROOM

music by
"ENCORE"



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY							
<div style="background-color: #d9ead3; padding: 10px; border: 1px solid #d9ead3;"> <p style="text-align: center;"><i>Welcome</i> TO OUR NEW RESIDENTS Tom and Polly Gardner</p> </div>													
<p>4 11:00 Worship w/Chaplain Sue, Parlor 11:45 Fellowship Time, Den 1:00 Poker, FAR 2:00 Tai Chi, KR 2:45 Casual Coffee and Cookies, Den 5:30 Super Bowl Party, Den</p>	<p>5 9:25 Whole Body Workout, KR 10:00 Exercise with Courage, KR 10:00 Basics of Technology Course, Den 10:45 Mexican Train Dominos, FAR 11:00 Studies of the Holy Land, PR 1:00 Bridge, PR 1:00 Easy Chair Exercises, Den 1:00 OLL: Cattle Kingdom, KR 1:30 Photo Challenge, Library 1:30 Bible Study, FAR 2:45 Casual Cookies and Coffee, Den</p>	<p>6 9:00 Blood Pressure Clinic, Library 9:25 Whole Body Workout, KR 10:00 Exercise with Courage, KR 10:00 Scrabble, FAR 10:30 English as a Second Language, Den 11:00 Yoga, KR 1:00 Outing: Minneapolis Institute of Arts, Van 1:30 Low Vision Support Group, FAR 2:45 Casual Cookies and Coffee, Den 6:30 Evening Games, FAR</p>	<p>7 9:25 Early Bird Fitness, KR 10:00 Fitness Fun, KR 10:30 Brain Busters, FAR 1:00 Bridge, PR 1:00 Easy Chair Exercise, Den 1:00 OLL: Congressional Deadlock, KR 1:30 TPT Watch and Discuss, Den 2:45 Casual Cookies and Coffee, Den 3:00 Knitting with a Coach, FAR 4:30 MacPhail Music for Life, Parlor 6:30 Rummikub, FAR</p>	<p>8 9:25 Morning Exercise, KR 10:00 Scrabble, FAR 11:00 Yoga, KR 11:00 Outing: Lunch at Red Cow, Van 1:00 Easy Chair Exercise, Den 1:00 OLL: Laughing at Winter, KR 1:30 Farkle, Den 2:00 Men's Club, PR 2:45 Casual Cookies and Coffee, Den 4:00 Thirsty Thursday, Den 6:30 Bingo, FAR</p>	<p>9 9:25 Whole Body Workout, KR 10:00 Exercise with Courage, KR 10:45 Mind Games, Parlor 1:00 Easy Chair Exercise, Parlor 1:30 Presentation/Tony Bouza, Den 2:30 Kenwood Knitters, Den 2:45 Casual Cookies and Coffee, Den 7:00 You Pick the Flick, Den</p>	<p>10 9:30 Senior Support Group, Den 10:00 Yoga, KR 11:00 Current Events, FAR 1:00 Poker, FAR 2p-3p Beginning Spanish (sign up), KR 3:15 Bus leaves for Mass at St. Olaf's, Lobby 7:00 Movie and Popcorn, Den</p>							
<p>11 11:00 Worship w/Chaplain Sue, Parlor 11:45 Fellowship Time, Den 1:00 Poker, FAR 2:00 Tai Chi, KR 2:45 Casual Coffee and Cookies, Den 7:00 Evening Movie, Den</p>	<p>12 9:25 Whole Body Workout, KR 10:00 Exercise with Courage, KR 10:45 Mexican Train Dominos, FAR 11:00 Studies of the Holy Land, PR 1:00 Bridge, PR 1:00 Easy Chair Exercises, Den 1:00 OLL: Cattle Kingdom, KR 1:30 Bible Study, FAR 1:30 KID Health: Depression, Parlor 2:45 Casual Cookies and Coffee, Den</p>	<p>13 9:00 Blood Pressure Clinic, Library 9:25 Whole Body Workout, KR 10:00 Exercise with Courage, KR 10:00 Scrabble, FAR 11:00 Yoga, KR 11:45 Meditation, KR 2:00 All Resident Meeting, LHR 2:45 Casual Cookies and Coffee, Den 6:30 Evening Games, FAR</p>	<p>14 9:25 Early Bird Fitness, KR 10:00 Fitness Fun, KR 10:30 Brain Busters, FAR 1:00 Bridge, PR 1:00 Easy Chair Exercise, Den 1:00 OLL: Congressional Deadlock, KR 1:30 TPT Watch and Discuss, Den 2:45 Casual Cookies and Coffee, Den 3:00 Knitting with a Coach, FAR 4:30 MacPhail Music for Life, Parlor 6:30 Rummikub, FAR</p>	<p>15 9:25 Morning Exercise, KR 10:00 Scrabble, FAR 11:00 Outing: MN Orchestra, Van 11:00 Yoga, KR 1:00 Easy Chair Exercise, Den 1:00 OLL: Laughing at Winter, KR 1:30 Farkle, Den 2:45 Casual Cookies and Coffee, Den 4:00 Thirsty Thursday, Den 6:30 Bingo, FAR</p>	<p>16 9:25 Whole Body Workout, KR 10:00 Exercise with Courage, KR 10:45 Mind Games, Parlor 1:00 Easy Chair Exercise, Den 2:00 Valentines Day Dance, LHR 2:30 Kenwood Knitters, Den 2:45 Casual Cookies and Coffee, Den 7:00 You Pick the Flick, Den</p>	<p>17 10:00 Yoga, KR 11:00 Current Events, FAR 1:00 Poker, FAR 2p-3p Beginning Spanish (sign up), KR 2:45 Casual Coffee and Cookies, Den 3:15 Bus leaves for Mass at St. Olaf's, Lobby 7:00 Movie and Popcorn, Den</p>							
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