

825 Summit Avenue Minneapolis, Minnesota 55403 612-374-8100

www.thekenwood.net

Independent, Assisted Living and Short Term Rentals



The Kenwood has an informational Facebook Page where you can view photos and event information.

We encourage all friends and family of The Kenwood to "like" us.

JULY EVENTS

Wednesday, July 2nd at 3:00

KU: Fraud 101 by US Postal Inspector, Rachel Williams
"Congratulations!!! You won \$1,000,000!" Does this
sound like a scam that you have received in the mail
before? Some scams are quite obvious, others however,
are not. This presentation will teach you what you need
to know to determine if the call or mail piece that you just

Tuesday, July 15th at 3:00

received is legitimate or consumer fraud.

Yogurt Bar

Summer is finally here! Take a break from the heat and stop down for a delicious yogurt parfait. With a variety of toppings to choose from, you mix it how you want it.

Friday, July 18th at 1:30

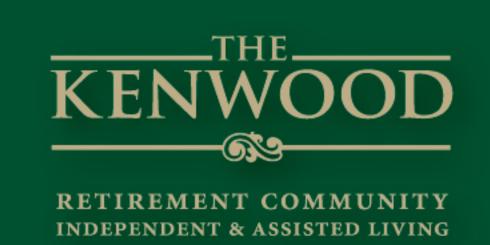
Birthday Party with Joann Bolles

Joanne Bolles is a native of Minnesota who began singing, playing acoustic guitar and writing songs at the age of 10. Her earliest influences included John Denver, Dan Fogelberg, and Johnny Mathis! Over the years, her singing has been influenced by Ella Fitzgerald, Louis Armstrong, Rosemary Clooney and Tony Bennett. From there she studied Jazz History at Normandale and continues a life that is completely submerged in music. Everyone is invited to this July birthday celebration.

Friday, July 25th at 7:00 Social Hour with Jan and Tate

Jan & Tate are a musical guitar and vocal duo offering a trip down memory lane for everyone! Please join us for this evening filled with music, fun, and friends.

Refreshments will be served following the performance.



Kaleid Scope



JULY 2014

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calendar of events KENWOOD



05	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Welcome TO OUR NEW RESIDENTS Nancy and John Sullivan Marilyn Rieckman Anne Clark Jim and Mary White		9:00 Van leaves for Water Aerobics/Mall Walking, Lobby 9:00 Blood Pressure Clinic, Library 9:25 Whole Body Workout, KR 10:00 Hand and Foot Card Game, FAR 11:00 Yoga, KR 1:30 Low Vision Support Group: Social Library 2:45 Casual Cookies and Coffee, Den 2:45 Computer Help, Computer Room	2 8:45 Walking Group, Lobby 9:15 Early Bird Fitness, KR 9:45 Fitness Room Orientation, KR 10:00 Fitness Fun, KR 10:30 Brain Busters, FAR 1:00 Bridge, PR 1:00 Easy Chair Exercise, Den 1:30 Prize Bingo, FAR 2:45 Casual Cookies and Coffee, Den 3:00 KU: Fraud 101, Parlor 6:30 Rummy Cube, FAR 6:45 Lake Harriet Band Shell, Van	9:30 Wii Bowling, Den 10:30 Outing: Grill Out at Don's, Van 11:00 Yoga, KR 12:15 News and Reminisce, 5th Floor 1:00 Easy Chair Exercise, Den 1:30 Farkle and More!, Den 2:45 Casual Cookies and Coffee, Den 3:30 Thirsty Thursday, Den 6:30 Bingo, FAR 7:00 Bridge, PR	4 12:00 4th of July Grill Out, LHR 2:00 Kenwood Knitters, FAR 2:30 Scrabble, PR 2:45 Casual Cookies and Coffee, Den 4:30- 5:30 Patriotic Dinner Music, Den 7:15 Special Viewing of Yankee Doodle Dandy, Den Dusk Fireworks Viewing, PR	9:15 Early Bird Fitness, KR 11:00 Current Events, FAR 1:00 Penny Ante Poker, FAR 2:30 Cribbage, Library 2:45 Casual Coffee and Cookies, Den 3:15 Bus leaves for Mass at St. Olaf's, Lobby 7:00 Movie & Popcorn, Den
	9:15 Shuttle to Hennepin Ave. Church, Lobby 11:00 Nondenominational Service, Parlor 11:45 Fellowship Time, Den 1:00 Penny Ante Poker, FAR 2:00 Tai Chi, KR 2:45 Casual Coffee and Cookies, Den 3:00 Chess, Library 7:00 Evening Movie, Den	9:25 Whole Body Workout, KR 10:00 Exercise with Courage, KR 10:30 Mexican Train Dominos, FAR 10:30 Sing-a-Long with Sue, Parlor 11:00 Men's Hour, Den 1:00 Bridge, PR 1:00 Easy Chair Exercises, Den 1:30 Studies of the Holy Land, Den 2:45 Casual Cookies and Coffee, Den	9:00 Van leaves for Water Aerobics/Mall Walking, Lobby 9:00 Blood Pressure Clinic, Library 9:25 Whole Body Workout, KR 10:00 Exercise with Courage, KR 10:00 Hand and Foot Card Game, FAR 11:00 Yoga, KR 11:00 Central Bank, Library 2:00 All Resident Meeting, LHR 2:45 Casual Cookies and Coffee, Den 2:45 Computer Help, Computer Room 3:30 Fun with Color, FAR	9:15 Early Bird Fitness, KR 9:45 Fitness Room Orientation, KR 10:00 Fitness Fun, KR 10:30 Brain Busters, FAR 12:00 15th Floor Lunch with Jenny, Den 1:00 Bridge, PR 1:00 Easy Chair Exercise, Den 1:30 Prize Bingo, FAR 2:45 Casual Cookies and Coffee, Den 3:00 MacPhail Music for Life, Parlor 6:30 Rummy Cube, FAR 6:45 Lake Harriet Band Shell, Van	9:30 Outing: Brunch at Hell's Kitchn, Van 9:30 Wii Bowling, Den 11:00 Yoga, KR 12:15 News and Reminisce, 5th Floor 1:00 Easy Chair Exercise, Den 1:30 Farkle and More!, Den 2:30 U of MN International Students, LHR 2:45 Casual Cookies and Coffee, Den 3:30 Thirsty Thursday, Den 6:30 Bingo, FAR 7:00 Bridge, PR	10:00 Exercise with Courage, KR 10:45 Mind Games: Crossword, Parlor 1:00 Easy Chair Exercise, Den 1:30 Gardeners Appreciation, Terrace 2:00 Kenwood Knitters, FAR	9:15 Early Bird Fitness, KR 10:00 Kitchen Corner, Den 11:00 Current Events, FAR 1:00 Penny Ante Poker, FAR 2:30 Cribbage, Library 2:45 Casual Coffee and Cookies, Den 3:15 Bus leaves for Mass at St. Olaf's, Lobby 7:00 Movie & Popcorn, Den
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All scheduled events listed are open to the public — feel free to join us!